The HCC has adopted the FIFA disciplinary rules with the following exception, give the age of most of the participants.

There are no slide-tackling or hard fouls allowed.

Hard Fouls: Hard fouls are subjective, and are based on the age of the participants. This is self-policed by the participants, with oversight by the HCC board - if a complaint is made to them.

Board Oversight of Hard Fouls: If a complaint is made to a board member concerning a hard foul, the board will investigate what has occurred (including talking to the players involved);

The Board will have two options:

- 1. To give the player involved a warning, that if a hard foul occurs again during the session, the player may be suspended.
- 2. If the Board determines that the tackle could have resulted in serious injury, the Board may suspend the player for the rest of the session.

If a player is suspended, the Board shall also have the option of not allowing the player access to the league in the future.

If a player is suspended, any un-applied session fees will be returned to the player suspended.

Disruption/Arguing: If a player disrupts a game verbally or acts in a threatening manner the above sanctions for Hard Fouls will apply.

Physical Altercation: Players that engage in a physical altercation will immediately leave the field and game. The above sanctions for Hard Fouls will be applied.